

# Columbus Regional Health

## 2016 Community Health Needs Assessment



Columbus Regional Health  
Simply Better Care™

A **Community Health Needs Assessment** (CHNA) was conducted in compliance with federal tax law requirements set forth in Internal Revenue Code section 501(r) requiring hospital facilities owned and operated by an organization described in Code section 501(c)(3) to conduct a community health needs assessment at least once every three years. The required written plan of implementation strategy is set forth in a separate written document. This written plan is intended to satisfy each of the applicable requirements set forth in the IRS Notice 2011-52 regarding conducting the CHNA for the Facility. Columbus Regional Health strives to improve the health of our community by utilizing the 2013 CHNA data in conjunction with the 2016 CHNA data to enhance program growth and focus on key areas that impact the health of our community.

**Areas of Opportunity** | Columbus Regional Health conducted the 2016 Community Health Needs Assessment. The following areas have been identified as areas of opportunity:

- Access to Healthcare Services
- Nutrition, Physical Activity and Weight
- Dementia, including Alzheimer's Disease
- Potentially Disabling Conditions
- Heart Disease and Stroke
- Sexually Transmitted Diseases
- Infant Health and Family Planning
- Injury and Violence
- Cancer
- Mental Health
- Diabetes
- Oral Health
- Respiratory Diseases
- HIV/AIDS
- Substance Abuse
- Tobacco Use

**Areas of Focus** | After conducting the 2016 CHNA, Midtown Medical Center and Northside Medical Center have identified three main areas of focus. The following are strategies to address the main areas of focus:

- Diabetes
  - Increase participation in Diabetes Prevention Program (DPP)
  - Promote DPP to at-risk individuals
  - Support quality enhancement programs
  - Increase the use of Community Health Workers and Diabetes Educators
- Stroke
  - Increase education of signs and symptoms
  - Increase awareness through media campaign
  - Support education programs focusing on risk factors
  - Increase the use of Community Health Workers and Stroke Educator
- Cancer
  - Increase awareness of monthly cancer-related campaigns
  - Increase comprehensive screening opportunities
  - Decrease exposure to secondhand smoke
  - Increase the use of Community Health Workers, Cancer Educators and Smoking Cessation programs

### **CHNA Information and Contacts**

- Date of written CHNA report: October 2015
- Date CHNA and Implementation Strategy was adopted by Board of Directors for Columbus Regional Health: March 3, 2016
- Date website CHNA report is available: September 2016
- Date CHNA report made publicly available: September 2016
- Date CHNA report required to be made publicly available (per Notice 2011-52): September 2016

We value your questions/comments/concerns; for complete report and/or paper copy through Community Outreach at no charge, please contact **Nancy Williams**, Director of Volunteer Services and Community Outreach at (706) 571-1482 or at [Nancy.Williams@ColumbusRegional.com](mailto:Nancy.Williams@ColumbusRegional.com).

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